



“Using violence makes you feel like you can solve the problem because it makes you feel in control.

*It hurts inside, it makes you feel **depressed, embarrassed and sad.***

*It gives you a knot in your stomach. In the end you feel **regret, shamed, sorry and stupid.***

Not using violence creates a stronger family unit that makes you happy & helps you stop drinking.”

***Marra’ka Mbarintja- talking straight
Men’s Family Violence Prevention Group***

Service Access

The *Marra’ka Mbarintja Men’s Family Violence Prevention Program* welcomes enquiries from any man wishing to change his behaviour. We also invite referrals and enquiries from agencies or family members.

Acknowledgement of Country

Marra’ka Mbarintja would like to acknowledge and pay respect to the traditional owners Mparntwe, the Arrente people.

Tangentyere Council Inc.
Marra’ka Mbarintja
Men’s Family Violence Prevention Program
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Alice Springs NT 0870
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Proudly supported by the Australian Government through the Department of Prime Minister and Cabinet and by the Northern Territory Government.



Marra’ka Mbarintja
“Making change by talking straight”

**Men’s Behaviour Change
Family Violence Prevention Program**

Marra’ka Mbarintja

**Monday - Friday
8.30am - 4.30pm
Ph: (08) 8952 1430**

Aim of Program

The *Marra'ka Mbarintja Men's Family Violence Prevention Program* aims to work towards the safety, wellbeing, human rights and dignity of women, children and others affected by men's use of violence. We believe women and children have the right to enjoy safe and respectful relationships.



The *Men's Behaviour Change Program (MBCP)* offers a psycho - educational model and space for men who use violence and abuse in their intimate and family relationships.

These groups involve two hour weekly sessions for 24 weeks plus follow-up sessions as required. Each session is tailored to address the men's use of violence, to accept responsibility for their use of violence and to learn ways to reduce their use of violence. Topics include but are not limited to - forms of violence, cycle of violence, impacts of violence on women, children, family & community, why men use violence, what is a respectful relationship.

Assisting Change

The *Men's Behaviour Change Program* is proud of its long history and professional standards. *MBCP* adheres to the minimum service standards of best practice as set out by No to Violence, the nationwide peak body of organisations working with men to end their violence against family members.



The *Men's Behaviour Change Program* are proud to be a part of Tangentyere Council and have an Aboriginal Cultural consultant on staff. The program adheres to and respects the rights of Indigenous Australians and understands the complexities of working in the Central Australian context. We accept referrals for all men, indigenous and non-indigenous.

Women and Children

The *Marra'ka Mbarintja Family Violence Prevention Program's* primary concern is upholding the safety of women and children. A specialised family violence women's worker from the Alice Springs Women's Shelter will contact the partners and ex-partners of men who attend *MBCP* (a condition of joining the program) to provide women with safety advice, support and information.

We do not make judgments about women's relationships or choices.

Referrals & Conditions

If you are working with a client or family where family violence is an issue and the man is open to seeking support around changing his behaviour, please contact us Monday to Friday to discuss a referral and / or an assessment. Comprehensive assessments are conducted by our specialist staff to ensure the man is group ready. *MBCP* also conduct assessments in prison and at court.

While we respect the sensitive nature of our discussions, the *Marra'ka Mbarintja Family Violence Prevention Program* abides by limited confidentiality and mandatory reporting guidelines.

Call (08) 8952 1430